

# THERAPISTS AVAILABLE!

**During COVID-19 services are provided by phone or video conferencing**

Therapy is still being provided for students previously enrolled in services. Please contact your therapist today to schedule an appointment!



## **How Do I Know My Child May Need Therapy?**

Symptoms such as extreme changes in behavior; withdrawal from activities; loss of interest in activities; increase outbursts, crying; excessive sadness, worry, anxiety, and guilt are signs that your child may need to talk with a therapist.

## **How Does COVID-19 Impact Care?**

Care is provided through phone calls or by video conferencing like Zoom or FaceTime.

## **Will My Insurance Cover the Cost of Therapy if it's by Phone or Video?**

Government provided insurances (Medicaid Managed Care Plans) have been approved to provide services by phone or telehealth (video conferencing). Private insurance can vary on whether they are covering therapy sessions by phone or video conferencing.

## **Who Should I Contact About Therapy?**

Contact your school-based provider to start or continue therapy. Refer to the back of this flyer for the contact information.

## **What Resources are Available in Addition to Therapy?**

Medication management, parent support and case management are available. Students who need help calming down, focusing, managing emotions or learning coping skills can visit the Virtual MindPeace Room at [www.MindPeaceCincinnati.com/virtual-mindpeace-rooms](http://www.MindPeaceCincinnati.com/virtual-mindpeace-rooms).

**More information is available at [www.MindPeaceCincinnati.com](http://www.MindPeaceCincinnati.com)**

<b>School</b>	<b>Lead Therapist</b>	<b>Email</b>
<b>Indian Hill High School</b>	Rachel McCoy	Rachel.McCoy@cchmc.org
<b>Indian Hill Middle School</b>	Amy Bodley	Amy.Bodley@cchmc.org
<b>Indian Hill Primary and Elementary Schools</b>	Marisa Nyerges	Marisa.Nyerges@cchmc.org

To find resources, look for community providers or other school partners visit [www.MindPeaceCincinnati.com](http://www.MindPeaceCincinnati.com)

